

National Sections	Age Requirements	Component Factor (SP)	Component Factor (FP)	Level Test requirement	NATIONALS PASS MARK		International Selections Minimum Scores					Short Program Requirements					Free Program Requirements						
					Short program technical score	Long Program Technical score	Club Score	ISU Score	Jnr Worlds Score	4 Continents Score	Snr Worlds Score	Short program length	Jumps required	Spins required	Steps / choreo	Components judged	Free program length	Jumps required	Spins required		Steps / choreo	Components judged	
Juvenile Girls	Not reached 10 by 1st July preceding the competition	N/A	2.5	Level 1	N/A	COMPETITIVE 5.64 HIGH PERFORMANCE 7.64	15	18 (And must be ranked in top 5 in section)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Max 2:30	* 4 jump elements * 1 must be an axel * Only 2 combos/seq's * Any jump may be repeated only twice, repeated jump must be in combo/Seq. * No 3 jump combinations	* Basic position spin (8 revs if change of foot, 6 Revs if no change of foot, fly entry allowed, change of foot optional)	* Combinations spin (8 Revs if change of foot, 6 revs if no change of foot, fly entry allowed, change of foot optional)	1 Choreo step sequence (1/2 ice surface) or spiral choreo sequence	2 components: Skating Skills Performance/ Execution		
Juvenile Boys	Not reached 10 by 1st July preceding the competition	N/A	2.5	Level 1	N/A	COMPETITIVE 5.64 HIGH PERFORMANCE 7.64	15	18 (And must be ranked in top 5 in section)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Max 2:30	* 4 jump elements * 1 must be an axel * Only 2 combos/seq's * Any jump may be repeated only twice, repeated jump must be in combo/Seq. * No 3 jump combinations	* Basic position spin (8 Revs if change of foot, 6 Revs if no change of foot, fly entry allowed, change of foot optional)	* Combinations spin (8 Revs if change of foot, 6 revs if no change of foot, fly entry allowed, change of foot optional)	1 Choreo step sequence (1/2 ice surface)	2 components: Skating Skills Performance/ Execution		
Pre Novice Girls	Must have reached 10 but not 13 by 1st July preceding the competition	2.0	1.7	Level 2	N/A (Components program)	COMPETITIVE 7.64 HIGH PERFORMANCE 11.00	22	25 (And must be ranked in top 5 in section)	N/A	N/A	N/A	Component program: 1:30 (+/- 10sec)	1 single jump (no double jumps allowed)	1 spin in one position only (Variation position is allowed)	1 step sequence	5 components	Max 2:40	* 4 jump elements * 1 must be an axel * Only 2 combos/seq's * Any jump may be repeated only twice, repeated jump must be in combo/Seq. * No 3 jump combinations	* Basic position spin (8 revs if change of foot, 6 Revs if no change of foot, fly entry allowed, change of foot optional)	* Combinations spin (8 Revs if change of foot, 6 revs if no change of foot, fly entry allowed, change of foot optional)	1 step sequence	2 components: Skating Skills Performance/ Execution	
Pre Novice Boys	Must have reached 10 but not 13 by 1st July preceding the competition	2.0	2.0	Level 2	N/A (Components program)	COMPETITIVE 7.64 HIGH PERFORMANCE 11.00	22	25 (And must be ranked in top 5 in section)	N/A	N/A	N/A	Component program: 1:30 (+/- 10sec)	1 single jump (no double jumps allowed)	1 spin in one position only (Variation position is allowed)	1 step sequence	5 components	Max 2:40	* 4 jump elements * 1 must be an axel * Only 2 combos/seq's * Any jump may be repeated only twice, repeated jump must be in combo/Seq. * No 3 jump combinations	* Basic position spin (8 revs if change of foot, 6 Revs if no change of foot, fly entry allowed, change of foot optional)	* Combinations spin (8 Revs if change of foot, 6 revs if no change of foot, fly entry allowed, change of foot optional)	1 step sequence	2 components: Skating Skills Performance/ Execution	
Novice Girls	Must have reached 10 but not 15 by 1st July preceding competition	0.8	1.6	Level 3	COMPETITIVE 8.49 HIGH PERFORMANCE 10.85	COMPETITIVE 11.94 HIGH PERFORMANCE 14.61	60	65 (And must be ranked in top 5 in section)	N/A	N/A	N/A	2:20 (+/- 10 secs)	* 1A or 2A * Double / Triple Jump * Jump Combo (Double Double / Triple Double)	* Layback Spin/ Spin in one basic position (6 revs, no change foot, no flying entry allowed) * Spin Combo (5 revs per foot, flying entry allowed)	1 step sequence	4 components	3:00 (+/- 10sec)	* 6 jump elements * 1 must be an axel * Only 1, 3 jump combination allowed	* Flying spin (6 revs) or Spin with flying entry (8 revs) in one position with change of foot	* Combination spin (flying entry not permitted) (8 revs)	1 step sequence	4 components: Skating Skills Transitions Performance/ Execution Interpretation	
Novice Boys	Must have reached 10 but not 15 by 1st July preceding competition	0.9	1.8	Level 3	COMPETITIVE 8.49 HIGH PERFORMANCE 11.00	COMPETITIVE 11.94 HIGH PERFORMANCE 14.61	65	70 (And must be ranked in top 5 in section)	N/A	N/A	N/A	2:20 (+/- 10 secs)	* 1A or 2A * Double / Triple Jump * Jump Combo (Double Double / Triple Double)	* Camel/ Sit / Upright Spin (5 revs, with change of foot, no flying entry) * Spin Combo (5 revs per foot, flying entry allowed)	1 step sequence	4 components	3:00 (+/- 10sec)	* 6 jump elements * 1 must be an axel * Only 1, No 3 jump combination allowed	* Flying spin (6 revs) or Spin with flying entry (8 revs) in one position with change of foot	* Combination spin (flying entry not permitted) (8 revs)	1 step sequence	4 components: Skating Skills Transitions Performance/ Execution Interpretation	
Junior Ladies	Must have reached 13 but not 19 by 1st July preceding the competition	ISU	ISU	Level 4	12,48	19,11	75	80 (85 for Junior Grand Prix event) And must be ranked in top 5 in section	90 (And must be ranked in top 5 in section)	N/A	N/A	2:40 +/- 10 sec	* 2A * Double / Triple Flip * Jump Combo (Double Double / Triple Double / Triple Triple)	* Flying SR Spin (8 revs; no change of foot) * Layback / Camel (8 revs; no change foot) * Spin Combo (6 revs per foot)	1 step sequence	5 components	3:30 (+/- 10sec)	* 7 jump elements * 1 must be an axel * Only 3 combos/seq's * Only one 3 jump combination allowed	* Spin with flying entry (6 revs) * Spin in one position (6 revs)	* 1 combinations spin (10 revs)	1 step sequence	5 components	
Junior Men	Must have reached 13 but not 19 by 1st July preceding the competition	ISU	ISU	Level 4	14,05	24,22	80	85 (95 for Junior Grand Prix event) And must be ranked in top 5 in section	100 (And must be ranked in top 5 in section)	N/A	N/A	2:40 +/- 10 sec	* 2A or 3A * Double / Triple Flip * Jump combo (Triple Double/Triple Triple)	* Flying SR Spin (8 revs; no change of foot) * Change Camel Spin (6 revs per foot) * Spin Combo (6 revs per foot)	1 step sequence	5 components	3:30 (+/- 10sec)	* 7 jump elements * 1 must be an axel * Only 3 combos/seq's * Only one 3 jump combination allowed	* Spin with flying entry (6 revs) * Spin in one position (6 revs)	* 1 combinations spin (10 revs)	1 step sequence	5 components	
Senior Ladies	Must have reached 14 by 1st July preceding the competition	ISU	ISU	Level 5	17,66	23,28	85	90 (95 for Challenger series event) And must be ranked in top 5 in section	N/A	100 (And must be ranked in top 5 in section)	100 (And must be ranked in top 5 in section)	2:40 +/- 10 sec	* 2A or 3A * Jump Combo (Triple Double/Triple Triple)	* Flying Spin (8 revs; no change of foot) * Spin in 1 position (different from flying spin; 8 revs; no change of foot) * Spin Combo (6 revs per foot)	1 step sequence	5 components	4:00 (+/- 10sec)	* 7 jump elements * 1 must be an axel * Only 3 combos/seq's * Only one 3 jump combination allowed	* Spin with flying entry (6 revs) * Spin in one position (6 revs)	* 1 combinations spin (10 revs)	* 1 step sequence * 1 choreo sequence	5 components	
Senior Men	Must have reached 14 by 1st July preceding the competition	ISU	ISU	Level 5	19,75	35,24	100	105 (110 for Challenger series event) And must be ranked in top 5 in section	N/A	120 (And must be ranked in top 5 in section)	120 (And must be ranked in top 5 in section)	2:40 +/- 10 sec	* 2A or 3A * Triple/Quad Jump * Jump combo (Triple Double/Triple/Quad Triple/Quad Double)	* Flying Spin (8 revs; no change of foot) * Change from Camel or Sit Spin (6 revs per foot) * Spin Combo (6 revs per foot)	1 step sequence	5 components	4:00 (+/- 10sec)	* 7 jump elements * 1 must be an axel * Only 3 combos/seq's * Only one 3 jump combination allowed	* Spin with flying entry (6 revs) * Spin in one position (6 revs)	* 1 combinations spin (10 revs)	* 1 step sequence * 1 choreo sequence	5 components	
Senior Pairs		ISU	ISU	Level 5	17,25	32,7	85	90	N/A	93	95												