



SOUTH AFRICAN FIGURE SKATING ASSOCIATION

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SOUTH AFRICAN FIGURE SKATING ASSOCIATION - NOTICE

COVID -19 UPDATE

4 MAY 2020

Dear SAFSA members

Following the announcement, by the President Mr Cyril Ramaphosa, on April 30 and the easing of the national lockdown to level 4, commencing on the 1 May 2020.

With reference to the Government Gazette 11908 of 29 April, Chapter 3, www.gov.za regarding level 4 lockdown:

- All SAFSA members are to adhere to the government regulations regarding the exercise restrictions (of 5km radius from your home between 06:00 and 09:00 daily), social distancing, regular handwashing, respiratory hygiene and the wearing of facemasks.
- All athletes and their training team are encouraged to continue training by remote means to continue and maintain an off-ice schedule of fitness, to ensure readiness for the return to their on-ice training, when and only when, this is permitted by the government regulations.

It must be noted that the SAFSA National body do not sanction any action contrary to the government directives of the status of lockdown.

Stay Home and Stay Safe

Acting President: Mr Ricardo Jacobs; National Secretary: Mrs Deborah Rees; National Treasurer: Mr Enzo D'Aguanno
National Development Officer: Mr E Dreyer; National PRO Mr Nicholas Walker

Member of the International Skating Union & South African Sports Confederation and Olympic Committee

