Cape Inter-Provincial 2018 Practice, Competition & Resurface Schedule

12/10/2018 Friday	Practice	Group	
	04:30 - 05:00 05:00 - 05:35 05:35 - 06:10 06:10 - 06:40 06:40 - 07:10 07:10 - 07:25 07:25 - 08:10 08:10 - 08:50 08:50 - 09:25 09:25 - 09:40 09:40 - 10:15 10:15 - 10:50 10:50 - 11:05 11:05 - 12:05 12:05 - 13:05 13:05 - 13:30	Resurface 1 2 11 12 Resurface 3 5 6 Resurface 7 8 Resurface 9 10 Resurface for the competition	
	17:00 - 18:00 COMPETITION: 13:30 - 13:40 13:40 - 14:05 14:05 - 14:40 14:40 - 14:50 14:50 - 14:55 14:55 - 15:05 15:05 - 15:25 15:25 - 15:40 15:40 - 15:50	Division B Sparrows Girls 15:40 - 16:05 Silver Falcons Girls 16:05 - 16:20 Bronze Hawks Girls 16:20 - 16:50 Silver Falcons Boys 16:50 - 17:00 Adult Ladies Beg. Artistic Adult Ladies Beg. Techn. Resurface/Tea Golden Eagles Men Golden Eagles Ladies	Novice Girls (Group 1) Novice Girls (Group 2)
13/10/2018 Saturday	Practice 06:00 - 07:15 07:15 - 07:45	Group 4 Resurface/Dry for competition	
	COMPETITION: 07:45 - 08:05 08:05 - 09:30 09:30 - 10:00 10:00 - 11:05 11:05 - 11:10 11:10 - 11:20 11:20 - 11:30 11:45	Division A Pre-Novice Boys Component Program Pre-Novice Girls Component Program Resurface Breakfast Junior Ladies Short Program Junior Men Short Program Senior Ladies Short Program Senior Men Short Program Draw at the Judges stand	
14/10/2018 Sunday	COMPETITION:	Division A	Division A

COMPETITION:		ION:	Division A				Division A
06:00	-	07:10	Juvenile Girls Free	11:40	-	12:00	Resurface tea break
07:10	-	07:35	Pre-Novice Boys Free	12:00	-	13:25	Junior Ladies Free
07:35	-	07:50	Novice Boys Free	13:25	-	13:40	Junior Men Free
07:50	-	08:40	Novice Girls Free	13:40	-	13:45	Senior Ladies Free
08:40	-	09:10	Resurface Breakfast	13:45	-	14:00	Senior Men Free
09:10	-	11:30	Pre-Novice Girls Free	14:00	-	14:10	Novice Synchro
11:30	-	11:40	Exhibition: Team Sunrays	14:10	-	14:50	Parade All Skaters/Presentations



All Provinces:

OFFICIAL PRACTICE GROUP 1:

Sparrows Girl (1) + Bronze Hawks Girls (6) + Silver Falcons Girls (5) (12 skaters)

GROUP 2:

Silver Falcons Boys (1) Golden Eagles Ladies (2) Golden Eagles Men (2) Adults (3) (8 skaters)

GROUP 3: Novice Girls (7) (7 skaters)

GROUP 4: Juvenile Girls (11)

GROUP 5:

Pre-Novice Boys (4) Novice Boys (2) (6 skaters)

GROUP 6:

Pre-Novice Girls (7 skaters) (1 – 7)

GROUP 7:

Pre-Novice Girls (7 skaters) (8 – 14)

GROUP 8

Pre-Novice Girls (7 skaters) (15 – 21)

Group 9

Junior Ladies (1 – 8) (8 skaters)

Group 10

Junior Ladies (3) (9 – 11) Junior Men (1) Senior Ladies (1) Senior Men (2) (7 skaters)

Group 11

BP Synchro Team

Group 12 Junior Blades Synchro

Group 13 Novice Synchro + Team Sunrays Dear Skater.

Welcome to the Cape Inter-Provincial Figure Skating Championships 2018 at the Ice Station, GrandWest, Cape Town

The schedule for both practices and competitions are listed in this leaflet and we request that you report to the marshals at the barrier outside change rooms 1&2, at least 30 min. prior to your scheduled start time

Official practice times on Friday are for all Provinces including WP, and are tight. Please note Juvenile Girls Practice is on Saturday morning 13th October. Music will be played only once, and in the scheduled order. No deviations permitted. Skaters to be ready in line for their run through.

An unofficial practice schedule has been circulated.
Patch cards must 1

Patch cards must be purchased for all these sessions from the Skate Shop, and presented at the cashier for clipping. Coaches all have to purchase a coaches card and follow the same procedure.

There is no practice ice scheduled for the afternoon sessions and we ask that you respect that the ice is primarily for the WP skaters only.

Your music must be in MP3 format, and should have reached us by the closing date, as a master will be used for the event and no single discs will be accepted in the sound-box. You are however advised to have a copy with you in case of emergency.

The Draw will be done privately and order of skate will be advised. Practice on Friday will be in this order per section.

Your competitors badge will be presented to you at the registration on Thursday, 11th October between 17:00 and 18:00 and it is

compulsory to attend. (Badges also for registered coaches, judges and team leaders 1 per province) - dress Provincial track suit. Please wear/display badge at all times to ensure entry to both the centre and the Ice Rink during both practice and competition times. Dress code for the Competition is Provincial Track Suits and no National Colours to be worn.

Your free SPUR burger + drink voucher, will be handed to you at Registration and is only valid for Friday, 12th October 2018 between 18:00-20:30. Skaters to be seated in the Spur's designated area and to present their voucher to the waitron when ordering. Parents are welcome to join, but must arrange their own seating and payment.

Spectator prices: R50 per event Children U12 R20.00 R20:00 Club Members (on presentation of membership card.)

Photographs will be taken during the event, in the kiss and cry area by Kim Mitchell, and skaters will get one free posed photo. Any additional photos/Podium will be on a pay with order system and to be arranged with the photographer.

The official parade will take place on the ice on Sunday 14th Oct at conclusion of competitive events, and skaters are to remain on the ice for the presentation wearing their Provincial Tracksuits/or tops with competition dress. No blazers or green tracksuits are allowed.

The upstairs area is for officials and invited guests only and is designated with a knife & fork on your lanyard, or a letter of invitation *** to the tea break on Sunday.

All presentations will be done on Sunday 14th

October 2017 at approx. 14:15.

Draws for long programs will take place at the judges stand as indicated on the time schedule.

Participation certificates will be handed to all skaters as they leave the ice after their skate.

Change rooms 1 & 2 will be allocated to solo skaters during the Competition and 3&4 to the synchro teams.

Full Protocols will be posted onto the SAFSA website.

Competition scoresheets to be collected by Team Leader **only** from the upstairs function area, and distributed to Provincial coaches.

NB: No coach to collect their own.

Have a lovely competition and good luck to you all!

Organizing Committee Western Province.

Telephone Numbers: The Ice Station 021 535 2260

The Ice Station 021 535 2260
Dawn vd Riet 083 303 4907
Ambulance 10177
Hospital N1 021 590 4444
GrandWest City Lodge 021 535 3611
Mini Cab: Rob 083 519 9107

