

COMPETITION:		CAPE INTER-PROVINCIALS 2011					Saturday, 10th September				
SECTION	TOTAL SKATERS	PROGRAM LENGTH	WARMUP TIME	EXTRA TIME	TOTAL WARMUP	SKATING TIME	ON/OFF TIME	TOTAL TIME	START TIME	END TIME	On/Off time
RESURFACE & DRY				0:30:00	0:00:00	0:00:00	0:00:00	0:30:00	6:00	6:30	0:02:15
SPARROWS GIRLS	5	0:02:15	0:04:00		0:04:00	0:11:15	0:11:15	0:26:30	6:30	6:56	
SPARROWS BOYS	1	0:02:15			0:00:00	0:02:15	0:02:15	0:04:30	6:56	7:01	
BRONZE HAWKS GIRLS	8	0:02:30	0:04:00		0:08:00	0:20:00	0:18:00	0:46:00	7:01	7:47	
SILVER FALCONS GIRLS	5	0:03:30	0:04:00		0:04:00	0:17:30	0:11:15	0:32:45	7:47	8:19	
GOLDEN EAGLES	3	0:02:50	0:04:00		0:04:00	0:08:30	0:06:45	0:19:15	8:19	8:39	
RESURFACE/INTERVAL				0:20:00	0:00:00	0:00:00	0:00:00	0:20:00	8:39	8:59	
JUVENILE BOYS FREE PROGRAM	1	0:02:30	0:05:00		0:05:00	0:02:30	0:02:15	0:09:45	8:59	9:08	
JUVENILE GIRLS FREE PROGRAM (1 - 5)	4	0:02:30			0:00:00	0:10:00	0:09:00	0:19:00	9:08	9:27	
JUVENILE GIRLS FREE PROGRAM (6 - 10)	5	0:02:30	0:05:00		0:05:00	0:12:30	0:11:15	0:28:45	9:27	9:56	
JUVENILE GIRLS FREE PROGRAM (11 - 15)	5	0:02:30	0:05:00		0:05:00	0:12:30	0:11:15	0:28:45	9:56	10:25	
TEAM RAINBOW SHORT PROGRAM	1	0:02:50			0:00:00	0:02:50	0:02:15	0:05:05	10:25	10:30	
RESURFACE				0:15:00	0:00:00	0:00:00	0:00:00	0:15:00	10:30	10:45	
JUNIOR MEN SHORT PROGRAM	1	0:02:50	0:05:00		0:05:00	0:02:50	0:02:15	0:10:05	10:45	10:55	
SENIOR LADIES SHORT PROGRAM	4	0:02:50			0:00:00	0:11:20	0:09:00	0:20:20	10:55	11:15	
JUNIOR BLADES SYNCHRO TEAM	1	0:03:00			0:00:00	0:03:00	0:02:15	0:05:15	11:15	11:21	
SENIOR SYNCHRO SHORT PROGRAM	1	0:02:50			0:00:00	0:02:50	0:02:15	0:05:05	11:21	11:26	
TOTALS	45	0:37:40	0:36:00	1:05:00	0:40:00	1:59:50	1:41:15	5:26:05	6:00 AM	11:26 AM	

DAY 3

COMPETITION:		CAPE INTER-PROVINCIALS 2011						Sunday, 11th September			
SECTION	TOTAL SKATERS	PROGRAM LENGTH	WARMUP TIME	EXTRA TIME	TOTAL WARMUP	SKATING TIME	ON/OFF TIME	TOTAL TIME	START TIME	END TIME	On/Off time
RESURFACE & DRY				0:30:00	0:00:00	0:00:00	0:00:00	0:30:00	6:30	7:00	0:02:30
PRE-NOVICE BOYS FREE PROGRAM	2	0:02:30	0:05:00		0:05:00	0:05:00	0:05:00	0:15:00	7:00	7:15	
PRE-NOVICE GIRLS FREE PROGRAM (FIRST 1 - 5)	5	0:02:30	0:05:00		0:05:00	0:12:30	0:12:30	0:30:00	7:15	7:45	
PRE-NOVICE GIRLS FREE PROGRAM (NEXT 6 - 10)	5	0:02:30	0:05:00		0:05:00	0:12:30	0:12:30	0:30:00	7:45	8:15	
RESURFACE				0:15:00	0:00:00	0:00:00	0:00:00	0:15:00	8:15	8:30	
PRE-NOVICE GIRLS FREE PROGRAM (NEXT 11 - 15)	5	0:02:30	0:05:00		0:05:00	0:12:30	0:12:30	0:30:00	8:30	9:00	
PRE-NOVICE GIRLS FREE PROGRAM (NEXT 16 - 21)	6	0:02:30	0:05:00		0:05:00	0:15:00	0:15:00	0:35:00	9:00	9:35	
EXHIBITIONS JUVENILE GIRLS PLACINGS 1 - 3	3	0:02:30	0:05:00		0:05:00	0:07:30	0:07:30	0:20:00	9:35	9:55	
TEAM RAINBOW FREE PROGRAM	1	0:03:30			0:00:00	0:03:30	0:02:30	0:06:00	9:55	10:01	
RESURFACE				0:15:00	0:00:00	0:00:00	0:00:00	0:15:00	10:01	10:16	
NOVICE BOYS FREE PROGRAM	4	0:03:30	0:05:00		0:05:00	0:14:00	0:10:00	0:29:00	10:16	10:45	
NOVICE GIRLS FREE PROGRAM	8	0:03:00	0:05:00		0:10:00	0:24:00	0:20:00	0:54:00	10:45	11:39	
RESURFACE				0:15:00	0:00:00	0:00:00	0:00:00	0:15:00	11:39	11:54	
JUNIOR LADIES FREE PROGRAM	6	0:03:30	0:05:00		0:05:00	0:21:00	0:15:00	0:41:00	11:54	12:35	
JUNIOR MEN FREE PROGRAM	1	0:04:00	0:05:00		0:05:00	0:04:00	0:02:30	0:11:30	12:35	12:46	
SENIOR LADIES FREE PROGRAM	4	0:04:00			0:00:00	0:16:00	0:10:00	0:26:00	12:46	13:12	
EXHIBITIONS	2	0:05:40	0:05:00		0:05:00	0:11:20	0:05:00	0:21:20	13:12	13:33	
NOVICE SYNCHRO	1	0:03:30			0:00:00	0:03:30	0:02:30	0:06:00	13:33	13:39	
SENIOR SYNCHRO FREE PROGRAM	1	0:04:30			0:00:00	0:04:30	0:02:30	0:07:00	13:39	13:46	
PARADE				0:10:00	0:00:00	0:00:00	0:00:00	0:10:00	13:46	13:56	
PRESENTATIONS				0:40:00	0:00:00	0:00:00	0:00:00	0:40:00	13:56	14:36	
TOTALS	54	0:50:10	0:55:00	2:05:00	1:00:00	2:46:50	2:15:00	8:06:50	6:30 AM	2:36 PM	

Summary

Time		COMPETITION: 0:00:00					
H:M:S	TOTAL WARMUP	SKATING TIME	ON/OFF TIME	EXTRA TIME	TOTAL TIME	START TIME	END TIME
DAY 1	0:45:00	1:38:45	1:32:15	0:50:00	4:46:00	12:30 PM	5:16 PM
DAY 2	0:40:00	1:59:50	1:41:15	1:05:00	5:26:05	6:00 AM	11:26 AM
DAY 3	1:00:00	2:46:50	2:15:00	2:05:00	8:06:50	6:30 AM	2:36 PM
TOTALS	2:25:00	6:25:25	5:28:30	4:00:00	18:18:55		