

**COMPETITION: NATIONALS 2009 MONDAY 12 OCTOBER**

SECTION	TOTAL SKATERS	PROGRAM LENGTH	WARMUP TIME	EXTRA TIME	TOTAL WARMUP	SKATING TIME	ON/OFF TIME	TOTAL TIME	START TIME	END TIME
PARADE & WELCOMING				00:20:00	00:00:00	00:00:00	00:00:00	00:20:00	15:00	15:20
PRE-NOVICE GIRLS SHORT PROGRAM	17	00:02:30	00:05:00		00:15:00	00:42:30	00:59:30	01:57:00	15:20	17:17
PRE-NOVICE BOYS SHORT PROGRAM	2	00:02:30	00:05:00		00:05:00	00:05:00	00:07:00	00:17:00	17:17	17:34
NOVICE MEN SHORT PROGRAM	2	00:02:30			00:00:00	00:05:00	00:07:30	00:12:30	17:34	17:46
RESURFACE & DINNER	0	00:00:00	00:00:00	01:14:00	00:00:00	00:00:00	00:00:00	01:14:00	17:46	19:00
NOVICE LADIES SHORT PROGRAM	10	00:02:30	00:05:00		00:10:00	00:25:00	00:35:00	01:10:00	19:00	20:10
JUNIOR LADIES SHORT PROGRAM	5	00:02:50	00:06:00		00:06:00	00:14:10	00:17:30	00:37:40	20:10	20:48
SENIOR LADIES SHORT PROGRAM	4	00:02:50	00:06:00		00:06:00	00:11:20	00:14:00	00:31:20	20:48	21:19
SENIOR MEN SHORT PROGRAM	1	00:02:50	00:06:00		00:00:00	00:02:50	00:03:30	00:06:20	21:19	21:25
SENIOR SYNCRO TEAM	1	00:03:00	00:06:00		00:06:00	00:03:00	00:03:30	00:12:30	21:25	21:38
<b>TOTALS</b>	<b>42</b>	<b>00:21:30</b>	<b>00:39:00</b>	<b>01:34:00</b>	<b>00:48:00</b>	<b>01:48:50</b>	<b>02:27:30</b>	<b>06:38:20</b>	<b>03:00 PM</b>	<b>09:38 PM</b>

On/Off time  
00:03:30

**COMPETITION: NATIONALS 2009 TUESDAY 13 OCTOBER**

SECTION	TOTAL SKATERS	PROGRAM LENGTH	WARMUP TIME	EXTRA TIME	TOTAL WARMUP	SKATING TIME	ON/OFF TIME	TOTAL TIME	START TIME	END TIME
START & Welcoming				00:10:00	00:00:00	00:00:00	00:00:00	00:10:00	13:00	13:10
PRE-NOVICE BOYS LONG PROGRAM	2	00:03:00	00:05:00		00:05:00	00:06:00	00:07:00		13:10	
NOVICE MEN LONG PROGRAM	2	00:03:30			00:00:00	00:07:00	00:07:00	00:32:00		13:42
JUVENILE BOYS	1	00:02:45	00:10:00		00:10:00	00:02:45	00:03:30		13:42	
JUVENILE GIRLS	7	00:02:45			00:00:00	00:19:15	00:24:30	01:00:00		14:42
NOVICE SYNCRO TEAM	1	00:04:30	00:06:00		00:06:00	00:04:30	00:03:30	00:14:00	14:42	14:56
RESURFACE	0	00:00:00	00:00:00	00:20:00	00:00:00	00:00:00	00:00:00	00:20:00	14:56	15:16
PRE-NOVICE GIRLS LONG PROGRAM	17	00:02:45	00:05:00		00:15:00	00:46:45	00:59:30	02:01:15	15:16	17:17
NOVICE LADIES LONG PROGRAM	10	00:03:00	00:05:00		00:10:00	00:30:00	00:35:00	01:15:00	17:17	18:32
DINNER & RESURFACE	0	00:00:00	00:00:00	01:07:00	00:00:00	00:00:00	00:02:15	01:09:15	18:32	19:41
JUNIOR LADIES LONG PROGRAM	5	00:03:30	00:06:00		00:06:00	00:17:30	00:17:30	00:41:00	19:41	20:22
SENIOR LADIES LONG PROGRAM	4	00:04:00	00:06:00		00:06:00	00:16:00	00:14:00	00:36:00	20:22	20:58
SENIOR MEN LONG PROGRAM	1	00:04:30	00:06:00		00:00:00	00:04:30	00:03:30	00:08:00	20:58	21:06
SENIOR SYNCRO TEAM	1	00:04:30	00:06:00		00:06:00	00:04:30	00:03:30	00:14:00	21:06	21:20
AWARDS & PARTY	1			02:00:00	00:00:00	00:00:00	00:03:30	02:03:30	21:20	23:24
<b>TOTALS</b>	<b>52</b>	<b>00:42:45</b>	<b>00:58:00</b>	<b>03:37:00</b>	<b>01:04:00</b>	<b>02:38:45</b>	<b>03:04:15</b>	<b>10:24:00</b>	<b>01:00 PM</b>	<b>11:24 PM</b>

On/Off time  
00:03:30

**NATIONALS 2009 SUMMARY**

DAY	START TIME	END TIME
FRIDAY EVENING PRACTICE	05:00 PM	07:15 PM
SATURDAY MORNING PRACTICE	05:00 AM	07:45 AM
SATURDAY EVENING PRACTICE	05:00 PM	07:15 PM
SUNDAY MORNING PRACTICE	05:00 AM	09:45 AM
SUNDAY EVENING PRACTICE	05:00 PM	07:15 PM
MONDAY MORNING PRACTICE	06:40 AM	01:36 PM
MONDAY COMPETITION	03:00 PM	09:38 PM
TUESDAY MORNING PRACTICE	05:40 AM	11:56 AM
TUESDAY COMPETITION	01:00 PM	11:24 PM