

## Cape Interprov 2008: Practice Groups Revised

Group 3	Dance	5
Group 4	CG nnat+Juv	16
Group 5	KZN nn+Juv	11
Group 6	See list below	12
Group 7	See list below	12
Group 8	Gnorth NN & National	13

Fri 16th May	Group 3	06:00-06:30	
	Group 8 NN & NATIONAL (13 SKATERS)	06:30-07:10	Short
	Group 7	07:10-07:50	Short
	Group 6	07:50-08:30	Short
	Group 4	08:30-09:10	
	<i>resurface</i>	<i>09:10-09:25</i>	
	Group 5	09:25-10:05	
	Group 8 NATIONAL ONLY (11 SKATERS)	10:05-10:50	Long 45min
	Group 7	10:50-11:35	Long 45min
	Group 6	11:35-12:20	Long 45min
	<i>resurface</i>	<i>12:30-12:45</i>	
	Non-National Competition/Senior Ladies/Men Shorts	13:00 - 18:00	

### KZN & CENTRAL GAUTENG TO SHARE THESE PRACTICES

GROUP 6	KZN Jnr Ladies and 1 Nov Man	4 skaters
	CG Jnr Ladies 2, Nov Girls 4, 1 Nov Man	7 skaters
	Total	11 skater
GROUP 7	KZN Novice 4 and Pre-Nov Girls 3	7 skaters
	CG Juvenile 2 and Pre-Novice 2	4 skaters
	Total	11 skaters