

SOUTH AFRICAN FIGURE SKATING ASSOCIATION

NTC Communication No. NN 2009-01

(Revision of NTC Communication No NN 2006-02)

Non-National Competitive Division - Interprovincial Championships

The object of this communication is to stipulate and set the requirements for the non-national competitive division that must be held at all Interprovincial Championships. Organising committees are reminded that these sections must be made available at all Interprovincial Championships held under the jurisdiction of the Council of SAFSA. However any other Interprovincial, Inter-club, Provincial or Club competition need not conform to the specified sections although it is strongly recommended that these section requirements are also followed in these competitions.

Please note that no 1st place standards apply to the non-national competitive division at Interprovincial Championships.

All Singles and Pairs sections shall be judged according to the ISU Judging System with some modifications stipulated below. Ice Dancing and Synchronised Skating will be judged on the 6.0-based system.

PART A: SINGLES SKATING

A. Scale of Values Table

The ISU Scales of Values Table shall be used with the following additions:

Element	Code	+3	+2	+1	Base	-1	-2	-3
Single Toe-Loop downgraded	1T<	0	0	0	0.2	-0	-0.1	-0.1
Single Salchow downgraded	1S<	0	0	0	0.2	-0	-0.1	-0.1
Single Loop downgraded	1Lo<	0	0	0	0.2	-0	-0.1	-0.1
Single Flip downgraded	1F<	0	0	0	0.2	-0	-0.1	-0.1
Single Lutz downgraded	1L<	0	0	0	0.3	-0	-0.1	-0.1
Single Axel downgraded	1A<	0	0	0	0.4	-0.1	-0.2	-0.3
Waltz Jump	A	0.1	0	0	0.2	-0	-0.1	-0.1

B. Deductions for violations shall be as follows:

Violation Type / Sections	Prelim	Bronze	Silver	Gold
Time (for every 5 sec. in excess / lacking)	-0.25	-0.25	-0.5	-0.5
Vocal Music	-1.0	-1.0	-1.0	-1.0
Illegal element	-1.0	-1.0	-1.0	-1.0
Costume / Prop	-1.0	-1.0	-1.0	-1.0
Fall	-0.25	-0.25	-0.5	-0.5
Interruption in excess: 11 – 20 seconds	-0.20	-0.20	-0.30	-0.30
Interruption in excess: 21 – 30 seconds, etc	-0.20	-0.20	-0.30	-0.30

C. Program Components

Component Factors / Sections	Prelim	Bronze	Silver	Gold
Skating Skills	n/a	n/a	1.00	1.00
Transitions	n/a	n/a	1.00	1.00
Performance / Execution	0.50	0.50	1.00	1.00
Choreography	n/a	n/a	1.00	1.00
Interpretation	n/a	n/a	1.00	1.00
Skating Skills & Transitions combined	1.00	1.00	n/a	n/a
Choreography & Interpretation combined	0.25	0.25	n/a	n/a

Please note: All the program components will be subjected to a further factor of 1.6 for Ladies or Girls and a factor of 2.0 for Men or Boys.

SECTIONS

1 (a) Gold Non-National Ladies (b) Gold Non-National Men

Age requirements: None

Section requirements: The skater must have passed the Singles Class 6 or Class 7 Elements in Isolation Test **OR** the skater must have passed the Singles Silver Free Skating Test.

Program time: Ladies: 3:30 (± 10 sec.)
Men: 4:30 (± 10 sec.)

A WELL BALANCED PROGRAM IS DEFINED AS:

- 1.1 A maximum of six (6) jump elements (individual jumps, jumps combinations and jump sequences). There may be up to three (3) jump combinations or sequences. Only one jump combination can contain three (3) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted.
- 1.2 A maximum of three (3) spins with at least five (5) revolutions. In spins the minimum number of revolutions required in any position is two (2). If this requirement is not fulfilled, the respective position will not be counted in the total number of positions. The number of changes of foot in a spin combination, if included, is optional.
- 1.3 There must be a maximum of one (1) Step or Spiral sequence that fully utilises the ice surface. A spiral position in order to be counted must be held for at least three (3) seconds. The Spiral Sequence must contain at least three (3) spiral positions, one of which must be performed on a different foot compared to the other two spiral positions. The competitors have complete freedom in selecting the kind of step sequence they intend to execute. Jumps can also be included in the step sequence. Step sequences too short or barely visible cannot be considered as meeting the requirements of step sequences. The step sequence must be choreographed and performed in time to the music.

2 (a) Silver Non-National Ladies (b) Silver Non-National Men

Age requirements: None

Section requirements: The skater must have passed the Singles Class 4 or Class 5 Elements in Isolation Test but not the Singles Class 6 or higher Elements in Isolation Test **OR** the skater must have passed the Singles Bronze Free Skating Test.

Program time: Ladies & Men: 3:00 (± 10 sec.)

(c) Silver Non-National Girls

(d) Silver Non-National Boys

Age requirements: The skater may not have reached the age of 12 years before the 1st of July preceding the competition.

Section requirements: The skater must have passed the Singles Class 4 or Class 5 Elements in Isolation Test but not the Singles Class 6 or higher Elements in Isolation Test **OR** the skater must have passed the Singles Bronze Free Skating Test.

Program time: Girls and Boys: 2:30 (± 10 sec.)

A WELL BALANCED PROGRAM IS DEFINED AS:

- 2.1 A maximum of six (6) jump elements (individual jumps, jumps combinations and jump sequences). There may be up to three (3) jump combinations or sequences. Only one jump combination can contain three (3) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted.
- 2.2 A maximum of three (3) spins with at least four (4) revolutions. In spins the minimum number of revolutions required in any position is two (2). If this requirement is not fulfilled, the respective position will not be counted in the total number of positions. The number of changes of foot in a spin combination, if included, is optional.
- 2.3 There must be a maximum of one (1) Step or Spiral sequence that fully utilises the ice surface. A spiral position in order to be counted must be held for at least three (3) seconds. The Spiral Sequence must contain at least three (3) spiral positions, one of which must be performed on a different foot compared to the other two spiral positions. The competitors have complete freedom in selecting the kind of step sequence they intend to execute. Jumps can also be included in the step sequence. Step sequences too short or barely visible cannot be considered as meeting the requirements of step sequences. The step sequence must be choreographed and performed in time to the music.

3 (a) Bronze Non-National Ladies

(b) Bronze Non-National Men

Age requirements: None

Section requirements: The skater must have passed the Singles Class 3 Elements in Isolation Test but not the Singles Class 4 or higher Elements in Isolation Test **OR** the skater must have passed the Singles Preliminary Free Skating Test.

Program time: Ladies and Men: 2:00 (± 10 sec.)

(c) Bronze Non-National Girls

(d) Bronze Non-National Boys

Age requirements: The skater may not have reached the age of 12 years before the 1st of July preceding the competition.

Section requirements: The skater must have passed the Singles Class 3 Elements in Isolation Test but not the Singles Class 4 or higher Elements in Isolation Test **OR** the skater must have passed the Singles Preliminary Free Skating Test.

Program time: Girls and Boys: 2:00 (± 10 sec.)

A WELL BALANCED PROGRAM IS DEFINED AS:

- 3.1 A maximum of six (6) jump elements (maximum of five (5) solo jumps and at least one (1) jump combination or jump sequence but no more than two (2)). An Axel jump must be included in one of the jump elements. No double or triple jumps are permitted. All jumps may only be attempted or executed twice and if attempted or executed for a second time it must be in a jump combination or jump sequence.
- 3.2 A maximum of one (1) basic position spin with at least four (4) revolutions. No change of position or foot is permitted.
- 3.3 A maximum of one (1) combination spin with at least five (5) revolutions. There must be at least two (2) positions with a minimum of two (2) revolutions in each position. No change of foot is permitted.
- 3.4 There must be a maximum of one (1) Step Sequence (for Men and Boys) and Spiral Sequence (for Ladies and Girls) that fully utilises the ice surface. The Spiral Sequence must contain at least three (3) spiral positions, one of which must be performed on a different foot compared to the other two spiral positions. The Men and Boys have complete freedom in selecting the kind of step sequence they intend to execute. Jumps can also be included in the step sequence. Step sequences too short or barely visible cannot be considered as meeting the requirements of step sequences. The step sequence must be choreographed and performed in time to the music.

4 (a) Preliminary Non-National Ladies (b) Preliminary Non-National Men

Age requirements: None

Section requirements: The skater must have passed the Singles Class 1 or Class 2 Elements in Isolation Test but not the Singles Class 3 or higher Elements in Isolation Test.

Program time: Ladies and Men: 2:00 (± 10 sec.)

(c) Preliminary Non-National Girls (d) Preliminary Non-National Boys

Age requirements: The skater may not have reached the age of 12 years before the 1st of July preceding the competition.

Section requirements: The skater must have passed the Singles Class 1 or Class 2 Elements in Isolation Test but not the Singles Class 3 or higher Elements in Isolation Test.

Program time: Boys and Girls: 2:00 (± 10 sec.)

A WELL BALANCED PROGRAM IS DEFINED AS:

- 4.1 A maximum of five (5) jump elements (maximum of four (4) solo jumps and at least one (1) jump combination or jump sequence but no more than two (2)). No Axel, double or triple jumps are permitted. All jumps may only be attempted or executed twice and if attempted or executed for a second time it must be in a jump combination or jump sequence.
- 4.2 A maximum of two (2) spins with at least three (3) revolutions.
- 4.3 There must be a maximum of one (1) Step Sequence (for Men and Boys) and Spiral Sequence (for Ladies and Girls) that fully utilises the ice surface. The Spiral Sequence must contain at least two (2) spiral positions. The Men and Boys have complete freedom in selecting the kind of step sequence they intend to execute. Jumps can also be included in the step sequence. Step sequences too short or barely visible cannot be considered as meeting the requirements of step sequences. The step sequence must be choreographed and performed in time to the music.

PART B: PAIR SKATING

A. Scale of Values Table

The ISU Scales of Values Table shall be used with the following additions:

Element	Code	+3	+2	+1	Base	-1	-2	-3
Single Toe-Loop downgraded	1T<	0	0	0	0.2	-0	-0.1	-0.1
Single Salchow downgraded	1S<	0	0	0	0.2	-0	-0.1	-0.1
Single Loop downgraded	1Lo<	0	0	0	0.2	-0	-0.1	-0.1
Single Flip downgraded	1F<	0	0	0	0.2	-0	-0.1	-0.1
Single Lutz downgraded	1L<	0	0	0	0.3	-0	-0.1	-0.1
Single Axel downgraded	1A<	0	0	0	0.4	-0.1	-0.2	-0.3
Waltz Jump	A	0.1	0	0	0.2	-0	-0.1	-0.1

B. Deductions for violations shall be as follows:

Violation Type / Sections	Bronze	Silver	Gold
Time (for every 5 sec. in excess / lacking)	-0.25	-0.5	-0.5
Vocal Music	-1.0	-1.0	-1.0
Illegal element	-1.0	-1.0	-1.0
Costume / Prop	-1.0	-1.0	-1.0
Fall	-0.25	-0.5	-0.5
Interruption in excess: 11 – 20 seconds	-0.20	-0.30	-0.30
Interruption in excess: 21 – 30 seconds, etc	-0.20	-0.30	-0.30

C. Program Components

Component Factors / Sections	Bronze	Silver	Gold
Skating Skills	n/a	1.00	1.00
Transitions	n/a	1.00	1.00
Performance / Execution	0.50	1.00	1.00
Choreography	n/a	1.00	1.00
Interpretation	n/a	1.00	1.00
Skating Skills & Transitions combined	1.00	n/a	n/a
Choreography & Interpretation combined	0.25	n/a	n/a

Please note: All the program components will be subjected to a further factor of 1.6.

D. Well Balanced Program

For all the sections, a well balanced program is defined as containing:

- D.1 A maximum of three (3) lifts;
- D.2 A maximum of one (1) Twist lift;
- D.3 A maximum of two (2) different Throw jumps;
- D.4 A maximum of one (1) solo jump;
- D.5 A maximum of one (1) jump combination or jump sequence;
- D.6 A maximum of one (1) solo spin combination;

- D.7 A maximum of one (1) pair spin combination;
- D.8 A maximum of one (1) pivot figure or death spiral;
- D.9 A maximum of one (1) Spiral Sequence that fully utilises the ice surface. A spiral position in order to be counted must be held for at least three (3) seconds. The Spiral Sequence must contain at least two (2) spiral positions by each partner.

SECTIONS

There are no age requirements in any of the sections.

1 **Bronze Non-National Pairs**

Section requirements: Both skaters must have passed the Pairs Class 1 or Class 2 Elements in Isolation Test but not the Pairs Class 3 or higher Elements in Isolation Test.

Program time: 2:00 – 2:30 (± 10 sec.)

2 **Silver Non-National Pairs**

Section requirements: Both skaters must have passed either the Pairs Class 3 or Class 4 Elements in Isolation Test but not the Pairs Class 5 or higher Elements in Isolation Test **OR** both skaters must have passed the Pairs Bronze Free Skating Test.

Program time: 3:00 – 3:30 (± 10 sec.)

3 **Gold Non-National Pairs**

Section requirements: Both skaters must have passed the Pairs Class 5 or Class 6 Elements in Isolation Test **OR** both skaters must have passed the Pairs Silver Free Skating Test.

Program time: 4:00 – 4:30 (± 10 sec.)

PART C: ICE DANCING

There are no age requirements in any of the sections.

1 Bronze Non-National Dance

Section requirements: Both skaters must have passed the Skating Skills Level 1 Test.

Compulsory Dance: Fourteenstep (4 sequences)

Free Dance: Duration: 2:00 (± 10 sec.)

A well balanced program must contain:

- (a) Only one (1) dance lift (as per rule E.1.5.4) with a maximum of five (5) seconds;
- (b) Only one (1) dance spin (as per rule E.1.5.4) consisting of at least two (2) rotations; and
- (c) At least one (1) but no more than two (2) Diagonal or Midline Step Sequences in varied holds.

2 Silver Non-National Dance

Section requirements: Both skaters must have passed the Skating Skills Level 3 Test.

Compulsory Dance: Blues (3 sequences)

Free Dance: Duration: 3:00 (± 10 sec.)

A well balanced program must contain:

- (a) Only two (2) dance lifts (as per rule E.1.5.4) with a maximum of five (5) seconds each;
- (b) Only one (1) dance spin (as per rule E.1.5.4) consisting of at least three (3) rotations;
- (c) Only one (1) Circular Step Sequence in varied holds utilising the full width of the ice surface; and
- (d) One (1) set of synchronised twizzles comprising of at least one (1) twizzle performed simultaneously on one foot with at least one rotation for both partners. If more than one synchronised twizzle is performed by both partners then a maximum of three (3) steps in between the twizzles may be performed.

3 Gold Non-National Dance

Section requirements: Both skaters must have passed the Skating Skills Level 4 Test.

Compulsory Dance: Argentine Tango (2 sequences)

Free Dance: Duration: 3:30 (± 10 sec.)

A well balanced program must contain:

- (a) Only three (3) different types of dance lifts (as per rule E.1.5.4). Two (2) of the lifts may not exceed five (5) seconds each and the third lift may not exceed twelve (12) seconds;
- (b) Only one (1) dance spin (as per rule E.1.5.4) consisting of at least three (3) rotations on one (1) foot;
- (c) Two (2) different Step Sequences in hold. One must be a straight line sequence (Diagonal or Midline) and the other a curved sequence (Circular or Serpentine); and
- (d) One (1) set of synchronised twizzles comprising of at least two (2) twizzles performed simultaneously on one foot with at least one rotation for both partners. A maximum of three (3) steps in between the twizzles may be performed.

PART D: SYNCHRONISED SKATING

There are no age requirements in any of the sections.

1 Bronze Non-National Synchronised Skating

Section requirements: All skaters must have passed the Skating Skills Level 1 Test.

Program time: 3:00 (\pm 10 sec.)

2 Silver Non-National Synchronised Skating

Section requirements: All skaters must have passed the Skating Skills Level 3 Test.

Program time: 4:00 (\pm 10 sec.)

3 Gold Non-National Synchronised Skating

Section requirements: All skaters must have passed the Skating Skills Level 4 Test.

Program time: 4:30 (\pm 10 sec.)

All programs shall be judged as Free Skating programs. Although no minimum requirements are specified it is nevertheless expected that all programs will be harmoniously choreographed and well balanced in respect to the elements performed.

National Technical Committee

18th January 2009