



ICE NEWS

No 25 OFFICIAL NEWSLETTER FOR FIGURE SKATING IN THE WESTERN CAPE JULY 2009



SAFSA News, views & happenings

Winter has set in, and the temperature outside has dropped. Not so inside the rink, as thanks to the upgrades made to the engine room, warm air is now circulated along the top stands, while leaving the colder air down at the ice surface where it should be. A very welcome adjustment, especially for the mums who spend many hours on the stands during lesson time.

The first half of 2009 has passed, and 4 Continents in February, Senior Worlds in March, Cape Inter Provincial Championship in May and Junior Blades Championship in early June have all taken place.

Sadly the **KZN Inter-Provincial** was cancelled due to too few entries received. This unfortunately results in fewer opportunities for qualifying and improving selection rankings. Let's hope that WP will be able to support this event in greater numbers next year.

Gauteng Inter-Provincial (24 to 26 July) now lies ahead, and WP has 30 skaters participating in this event. We wish our skaters well, and know that they will all be doing their best and keep the WP name high.

Anne Falconer and Tiana Stanton are co-ordinating the WP team for this event, and have already sized tracksuits and practice outfits.

As per the new ruling (see below), only Provincial tracksuits will be permitted at this event – no green RSA tracksuits allowed.

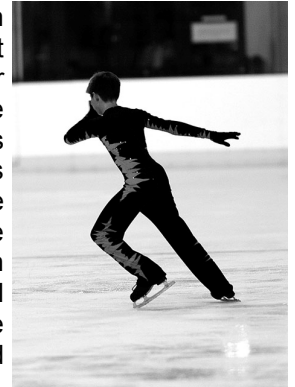
New WP Committee 2009

At the AGM held on 3rd June, the following members were elected to the committee, and portfolios allocated at the first committee meeting held on 10th June. The committee for 2009 / 10 is as follows

Chairman	Dawn van der Riet
Vice Chairman	Nazeem Abrahams
Secretaries	Penelope Engel-Hill
	Anne Falconer
Treasurer	Alan Cassells
Coaching	Shern Allely
Development	Tiana Stanton
Medal Tests	Angelica Davids
PRO	Mike Metelerkamp
Synchro	Colleen Servais

Medal tests will take place on 1st Sunday monthly until

December 2009, with an additional test on 30th August but **NO TESTS** in September or October. Please adhere to the closing date for entries, which is 2 weeks prior to the test. All fees must accompany the entry to be eligible, and no skaters will be allowed to take the tests if patch fees are not paid up to date. All entries must be done through the coach on the prescribed paperwork.



Anglica Davids is the new test secretary, and all medal test queries are to be referred to her.

Important Changes to SAFSA Rules

At the recent SAFSA Council meeting held in Durban on 13th June 2009, the following was adopted:

2009 Forthcoming Attractions...!

- July 24-26 Gauteng Inter Provincial at Kempton Park**
- August 15-16 WP Champs in Cape Town**
- September 20 Black Panthers Champs in Cape Town**
- September 21 to October 5 Schulman Course**
- October 11 to 14 SA Nationals in Pretoria**
- October 25 Rising Stars at Northgate (Non-National)**
- November 15 Cape Inter Club Champs**
- November 28: JB Christmas Party**
- November 29: BP Christmas Party**
- November 29 Sunday Night Club Charity Gala**

1. **Primary colours no longer awarded.**

2. **Novice, Junior and Senior Colours remain only for ISU listed events.**

3. **SAFSA Tracksuit to remain as official dress to international events (identity).**

4. **Protea colours only**

for Senior & Junior World Championships and 4 Continents, awarded by SASCOC.

5. **Provincial tracksuits only** to be worn to Nationals, Inter-Provincials and Provincial championships as well as the parade – no green tracksuits/ blazers permitted.

Draws at above events: Highest colours i.e. blazer/badge

Practice dress: Provincial outfits as ruled by the Province concerned.

Kindly ensure that you adhere to this ruling, as you could be disqualified from events should you transgress.

6. **Star Test Pass marks** The NTC currently reviewing across the board, and a final decision to be made at the Gauteng Interprovincial. All tests taken after Nationals 08, (August08) can be resubmitted with the correct documentation for accreditation, should this new mark be applicable to a previously attempted test which was not passed.

7. Increase in Subs 2010/2011

Members	R 150.00 per annum
Life Members	R 75.00 per annum

Synchronized Skating Seminar

The ISU sponsored Synchronized Skating Seminar for skaters, Judges and Coaches was held at the rink during April 2009.

Cathy Dalton, coach of the famous "Black Ice" Canadian Synchro Champions was the designated coach, and along with assistant coach **Susan Pettes** and demonstrating skaters **MK** and **Mac** conducted a gruelling course daily on and off the ice from 14-26th.

Chris Buchanan, an ISU Championship controller and referee, conducted the Judges and controllers/specialist section, and here too, everyone concerned was turned inside out, trying to absorb all the information given. The judges and specialists had to do written and practical exams which he assessed.

All of this will now enable the Synchronized skating to be judged on the new judging system, as up to now no training has been available to make the switch, sustain the development, and ultimately be in line for competing at Synchro Worlds once again.

Schulman course

The annual Schulman course will be held later this year due to the Synchro course taking its timeslot, and is scheduled for the end of September. More info nearer the time.

Patches

Kindly ensure that your patches are paid by the 7th of each month to avoid the embarrassment of being asked to leave the ice.

Should there be a problem, please approach Brenda Allely in the skate shop, that she is aware and can make the necessary notes in the patch book.

Coaches

Dino Quattroccere and **Anita Macchi** have joined the WP coaching fraternity and we welcome them to the fold.

Nationals 2009 Kollonade Pretoria

Nationals will take place from 11-14th October, and we expect to have a good contingent from WP attending.

A group booking has been secured at the Jackaranda Lodge for the WP team, as well as busses for transport to and from the rink.

A sub-committee will be appointed to handle everything to do with Nationals, and information will be supplied via the notice board on an ongoing basis.

A Nationals Fundraiser will be held at the Barnyard Theatre on Wed 16th September, where all Nationals entrants will be given the opportunity to sell tickets to raise funds towards your trip.

Colleen Servais is coordinating this project, and information will be available soon.

The show is "Diamonds and Pearls", and tickets will cost R110 each. Those that have made use of this fundraising event in the past will recall just how much fun was had by all.

International Training

Quiesto Spieringshoek has been training in the UK for the past few months. UK partner **Zoe** is a WP member now, and they will be representing South Africa at any future Internationals they may attend. They will be competing at WP Champs, and we look forward to that.

Kim Falconer is spending a gap year training in Germany. She will be attending the Gauteng Inter-Provincial, and will be flying in from Germany to compete.

Additional training

You are reminded that to become a successful figure skater you are required to train both on the ice and off the ice. The Ice Station provides additional floor training by Karen in the Gym and Margie in the Ballet room.

Communication

The new SAFSA WP committee will endeavour to disseminate information to our WP skaters and parents as fast as possible and the main medium of communication will be via email as this is quick and inexpensive. Please ensure that your email address is kept up to date on our records (latest update received during the renewal period). If there have been any changes, please email mike@bm.co.za. Should you not yet be on email, please ensure that you read the notice boards.

If you have any questions or concerns, please come and discuss these with one of the committee members, we will do our best to assist.

New Members

The second half of this year will see the start of regular parent meetings for our new-comers. Any of our older members who may have forgotten the basics are welcome to attend. Dates and times will be given in due course.

Websites

We request that skaters and parents, making use of such sites and forums as facebook, twitter, etc, be aware of how negative statements can be damaging to themselves and our sport. Disrespectful behaviour both inside and outside our icerink will not be tolerated.

We remind you to make use of the following websites for in-depth information on our sport:

www.isu.org

www.safsa.org.za

www.icerink.co.za

Finally we would like to wish all of you well for the rest of the year, and for those of you going to Gauteng for Inter Provincials this month, have a safe trip and good luck for the competition.

Good Skating

The SAFSA WP Committee