



SOUTH AFRICAN FIGURE SKATING ASSOCIATION

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SAFSA Council members

Via e-mail

7 October 2014

Adult skating requirements clarification for the season 2014/2015: Communication 2014/05

Dear SAFSA Council members,

This communication serves to confirm and clarify the requirements for the adult sections for the season 2014/2015.

Adult sections are allowed at all inter-provincial, provincial and club level competitions (Not national championships).

For all adult sections the minimum age requirement is as follows: The skater must have turned 25 years old by the 1st July 2014.

There are 4 main sections adopted by SAFSA for Adult skating as listed below:

| Section | Requirement | Program requirement |
|-----------------------------------|--|--|
| Adult beginners technical program | Skills 1 and 2 (For interprovincials. No level allowed for club and provincials) | Same as Juvenile free program requirements |
| Adult advanced technical program | Skills 3 and higher | Same as Pre Nove free program requirements |
| Adult beginners artistic program | Skills 1 and 2 (For interprovincials. No level allowed for club and provincials) | See below |
| Adult advanced artistic program | Skills 3 and higher | See Below |



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Artistic program details are as follows:

The requirements for the artistic programs are as follows: **Artistic Free Skating**

Duration: The maximum time is 1 minute and 40 seconds but may be less.

Vocal music is permitted.

The artistic event will be judged only on the basis of Presentation Components (program components):

- Skating skills
- Transitions
- Performance/Execution
- Choreography/Composition
- Interpretation/Timing

There will be no technical panel and no technical mark given. (See ISU Special Regulations and Technical Rules 2008, Singles & Pair Skating, Rule 522, paragraph 2 for a detailed description of Program Components.) The respective Rules can be found on the ISU website.

The artistic program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music rather than for their technical difficulty. Skaters will be judged on their ability to interpret the music and develop a theme by using their skating skills.

The artistic free skate is a competitive program which must include elements of the sport of figure skating. At least one (1) but a maximum of two (2) single jumps and at least one (1) but a maximum of two (2) spins MUST be included. No axel jump or double jumps are allowed.

No combination jumps are allowed. Credit for jumps and spins is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps which should be used only to reflect the character of the



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program and to underline the rhythm and nuances of the chosen music. The skater must not remain in one place for more than five (5) seconds.

Any element exceeding the maximum number as set forth above will be judged as an illegal element (2.0 deduction); if there is no jump or no spin element included or only a jump and no spin or vice versa a deduction for a "missing element" of 2.0 will be made. The Referee is responsible for such deductions.

Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Props may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted. The Referee is responsible for prop deductions.

Illegal elements:

- Somersault type jumps
- Lying on the ice and prolonged and/or stationary kneeling on both knees on the ice.

Yours sincerely,

Etienne Dreyer
National Technical Committee Chairman



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